



25 May 2006

Vickers~Willis

Over the past twenty years I have had the pleasure of getting to know Buzz McCarthy at many different levels: as a house owner - buyer and seller, as a mother, a businesswoman, a wife, and a teacher, not in the conventional manner, but as a life mentor.

Buzz is an excellent model of how people can live life to the full; managing and reveling in the different roles she plays; always with an outcome, always with fun and style and sophistication and always with others in mind. Whilst some struggle to find the consummate balance of life Buzz does it with ease, sharing her time between inner Melbourne, the Mornington peninsula and rural Tuscany where she and her husband had the foresight and passion to purchase a crumbling villa 18 years ago.

Since her late 20's Buzz's passion has been self improvement. She has had many teachers and together with her innate wisdom and energy has developed a formidable reputation for influencing the lives of others.

Even more than that, her subtle comments, her questions, her examples and stories enable those around her to easily and effortlessly make more compelling choices in their own lives. Small choices often that have a huge impact like the ripples of a pond skimmed with a stone.

Through her tutelage and guidance over the past six or so years I have made some major decisions about my life that bring me now to the point where I am totally focused on the things that are important - my family and friends, my goals, my health and vitality and my never-ending learning and growing, and I am having the best fun.

What Buzz offers with Sfinx Women is exciting and wonderful. To take groups of women off to stunning locations and share insights and friendships and new experiences is such a gift to women whose focus has probably been exclusively on their families or their work. Now it is time for them to learn and live in an atmosphere of luxury and fun and come back to their families, friends and workplaces enriched for the experience. And ready to give and share with others.

I highly recommend anyone reading this to consider a Sfinx event right now. I am sure you will want to go back for more.

A handwritten signature in blue ink, appearing to read 'Robert Vickers-Willis'. The signature is fluid and cursive, with a prominent 'R' at the start and a long, sweeping tail.

Robert Vickers-Willis